

# What is In-Home Care?

More and more Americans are choosing to remain in their homes while they age. Finding the right type of at-home care for loved ones can be a challenge.



Assisted Living  
in the Privacy  
and Comfort  
of Your Own  
Home

An in-home care (also known as private duty) agency offers home care aides, companion care, home health aides and Certified Nursing Assistants (CNA) within the client's home or place of residence. Caregivers provide a wide range of services including:

## Household Services:

- Meal Planning; Grocery Shopping; Monitor Diet
- Light Housekeeping
- Laundry / Linens
- Mail Assistance and Household Organization
- Arrange and Supervise Home Maintenance
- Arrange and Escort to Appointments & Errands
- Transportation Needs

## Personal Care Assistance:

- Eating
- Bathing
- Grooming & Dressing
- Medication Reminders
- Toileting Reminders
- Incontinence
- Mobility / Transferring

## Companionship & Client Communication:

- Companionship and Conversation
- Provide Encouragement to Engage in Hobbies or Interests
- Accompany and Assist with Walking or Other Activities
- Periodic Review and Consultation with Family

In-home care offers many unique benefits and provides peace of mind and security to you and your loved ones. Agencies directly employ, screen, train and bond their caregivers. Additionally, they handle all scheduling and payroll management. They offer the benefit of 24/7 on-call availability, caregiver monitoring and individualized care plans. Payments for care are paid privately, as opposed to through Medicare.

For more information call:  
708-786-8600



**Live Right** senior care  
HELP, RIGHT WHERE YOU LIVE